

## Becoming an Instructor/Lifeguard at the CGC

To become an Instructor/Lifeguard you will need to successfully complete the following courses:

- Bronze Medallion
- Bronze Cross
- Standard First Aid & CPR Level “C”
- National Lifeguard Service (NLS)
- SEARS I Can Swim Full Teacher course
- *Please note that when hiring, preference will be given to candidates with Lifesaving Instructor (LSI) and Aquafit Instructor courses*

Course	Minimum Age	Pre-requisites
Bronze Medallion	13 years or Bronze Star	None
Bronze Cross	-	Bronze Medallion
NLS	16 years	Bronze Cross; Standard First Aid & CPR “C” current within 1 year
I Can Swim Teacher Certification	15 years	Bronze Cross
Lifesaving Instructor	16 years	Bronze Cross (does not have to be current)
I Can Swim Teacher Update	16 years	Red Cross Water Safety Instructor (WSI) or NCCP Level 1 Swimming
Standard First Aid & CPR “C”	Contact Yukon College Public Health and Safety at 668-5200 or St. John’s Ambulance at 668-5001	

**These courses are worth high school credits:**

**Bronze Cross: 2 grade 11 credits**

**NLS: 2 grade 12 credits**

